



# Let's work together to keep everyone safe!

SCHOOL | FAMILY | COMMUNITY

January 26, 2021

## If your child has any COVID-19 symptoms

FEVER • NEW OR WORSENING COUGH  
LOSS OF TASTE/SMELL • SHORTNESS OF BREATH  
DIFFICULTY BREATHING • SERIOUS FATIGUE  
RUNNY NOSE OR CONGESTION • SORE THROAT  
MUSCLE PAIN UNRELATED TO EXERTION  
NAUSEA, VOMITING, DIARRHEA, STOMACH ACHE  
SIGNIFICANT LOSS OF APPETITE



Complete the  
**COVID-19 SYMPTOM SELF-ASSESSMENT TOOL**  
or call **1 877-644-4545** and follow their advice.



If anyone in your household is being tested for COVID-19:

**Everyone in the house must stay home and isolate until the results are in.**

*If the result is NEGATIVE, and once your child is symptom-free, it's back-to-school time.*

*If the result is POSITIVE, follow the directives from public health and let the school know right away.*



Once your child is back at school, you will have to complete a form to confirm everything is OK and your family has followed Public Health's recommendations.

If your child has been in close contact with a confirmed case of COVID-19, they must be in isolation for at least 14 days after the last contact with this case, whether or not they have symptoms, and even if they have tested negative.

**Questions? Contact your school's principal.**

*Info adapted from "COVID-19: Checklist for daycares and schools - September 17, 2020 from the CISSSMO and "For a Safe Return to School" letter from Monr egie Public Health.*

New Frontiers School Board  
www.nfsb.qc.ca

